



# Getting to Know the Practice “Practice Spotlights”



# ETCH Endocrinology

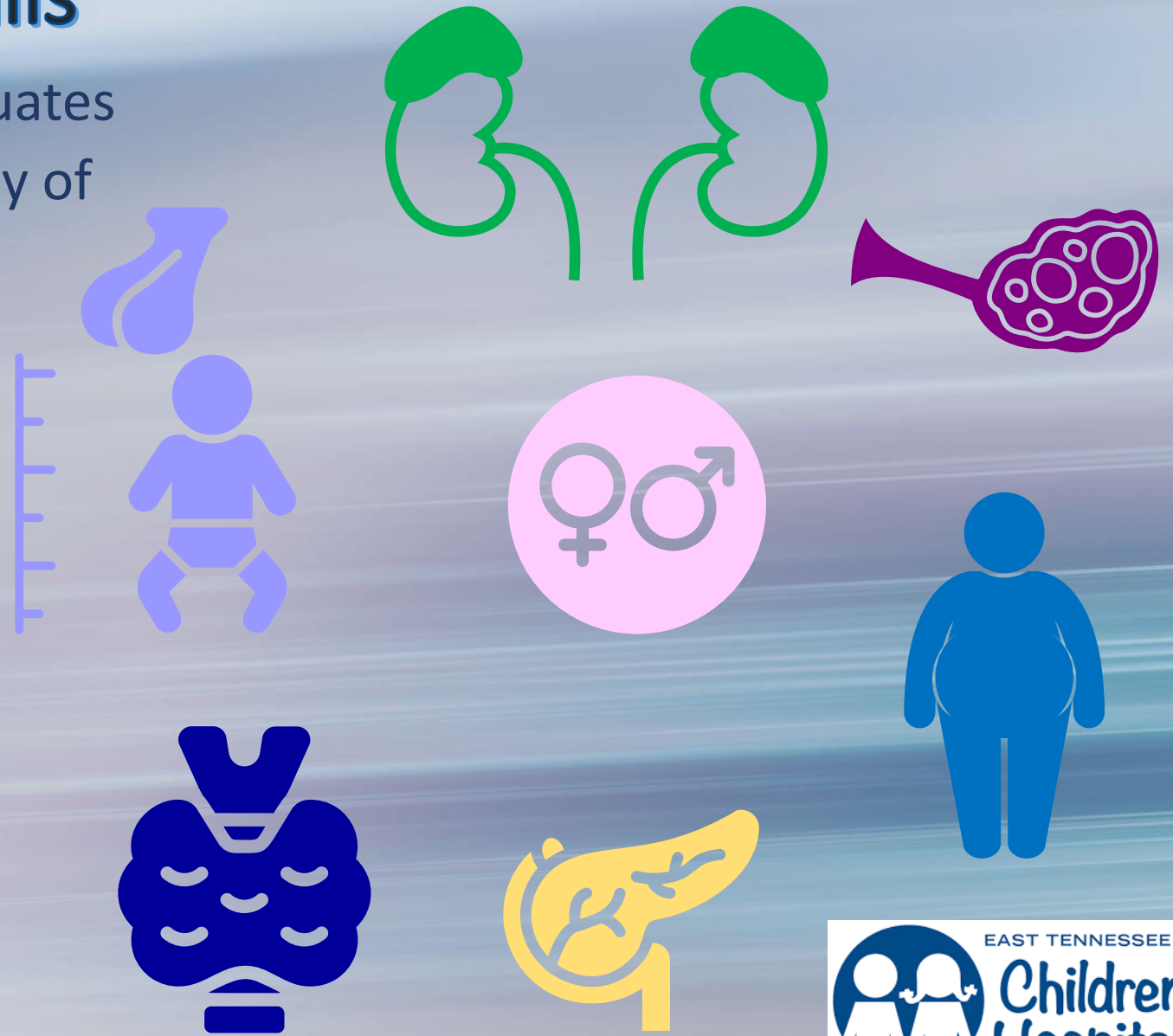
**ETCH Specialty physicians meeting**

S. Sudha Mannemuddhu, MD

# Specialty Practice details

The Division of Endocrinology evaluates and manages patients with a variety of conditions including:

- Growth disorders
- Adrenal Gland disorders
- Pubertal disorders
- Obesity
- PCOS
- Thyroid Gland disorders
- Diabetes



# Specialty Practice details

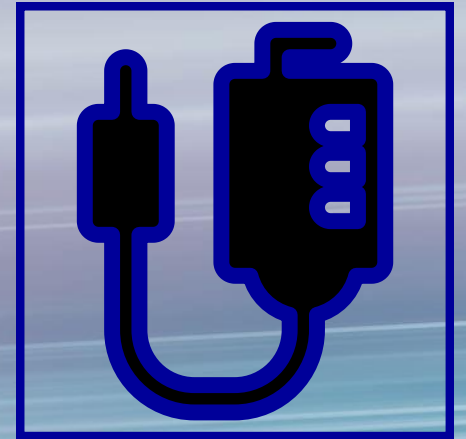
The Division of Pediatric Endocrinology we provide various procedures:

## In office:

- Hormone stimulation testing
- Pump start initiation,
- Specialty medication infusions

## In Sedation Suite:

- Histrelin implant placement

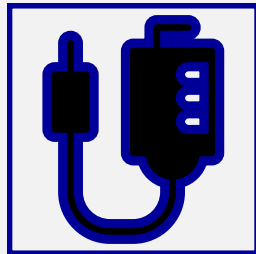


## Specialty Practice details

We are a dedicated team whose specialty is Endocrinology and Diabetes and whose focus is on delivering excellence in clinical care and education to our patients and families using a multi-disciplinary approach, and whose program is accredited by the ADA.



# ENDOCRINOLOGY TEAM





# PEDIATRIC ENDOCRINOLOGY NURSES

Kim Clendenen, RN  
Misty Crosby, RN  
Cheryl Dothard, RN  
Chezlee Heck, RN  
Brenda Hendry, RN  
Abbey Massie, RN  
Shannon Prince, RN  
Lauren Tidwell, RN  
PRN-Stephanie Parrott, RN  
PRN-Patti Swersky, RN



## Responsibilities include:

Patient Intake and Discharge  
Telephone Triage  
Prior Authorizations  
Hormone Stimulation Testing  
Insulin Pump Starts  
Specialty Medication IV Infusions  
Disease Specific Patient Education



# PATIENT SERVICE REPRESENTATIVES (PSRS)



Mellissa Greer  
Regina Gross  
Charlene Manning  
Angela Pratt  
Kim Tilley  
PRN-Gina Bounds



## Responsibilities include:

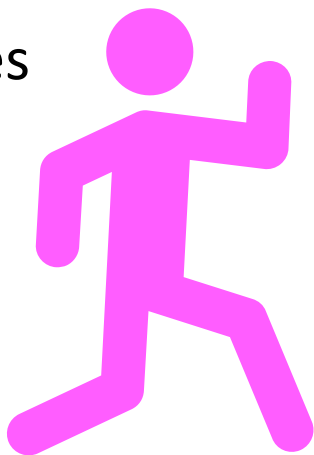
Check-in and Check-out  
Incoming Calls  
Appointment Scheduling  
Incoming and Outgoing Referrals  
Medical Records Requests  
Office Supply Ordering



## CRYSTAL APON

### Fun fact about you or a favorite hobby:

I like to spend off time doing activities like biking and jogging.

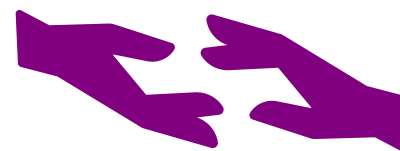


### Who are you at ETCH?

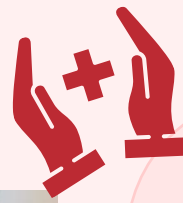
I am the Admin Lead for Pediatric Endocrinology.

### What does it mean or what do you love about working at ETCH or your specialty??

I enjoy helping patients and their families have the best possible visit while here at our office.







# STEPHANIE PARROTT



I am an RN, who is also an ordained *Methodist minister*, who works PRN doing phone triage. I answer parents' questions, help with blood sugars, and help advocate on their behalf when they struggle to get their medications, are denied disability rights in schools, or are struggling to make ends meet while caring for their chronically ill child. I have worked at ETCH for almost 30 years!

I love how our team works so well together. There is a mutual respect between the doctors, nurses and office staff. We are so blessed to have this hospital in our community, and I am proud to say I work here.



Fun fact about you or a favorite hobby:  
My triplets were in the NICU 30 years ago this April!



# 30

# CHERYL DOTHARD



Who are you at ETCH?

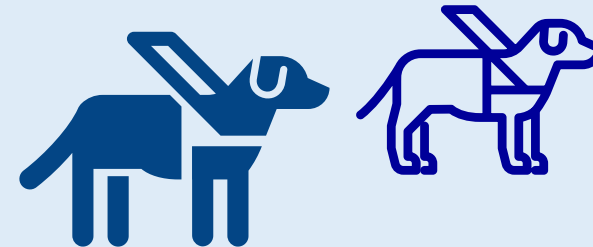
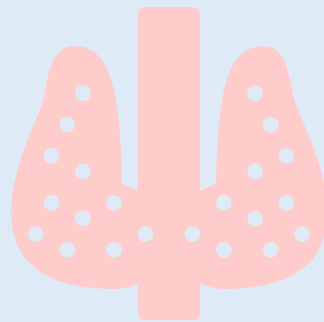
Pediatric Endocrine Nurse at ETCH for **42** years!!

**What does it mean or what do you love about working at ETCH or your specialty??**

For more than half a century, I have taken care of children. I enjoy being a part of their lives and having an opportunity to help them.

**Fun fact about you or a favorite hobby:**

My best times are spent with our children and grandchildren. Before the pandemic, I loved volunteering at Ronald McDonald House and with one of our therapy dogs at Pellissippi State College

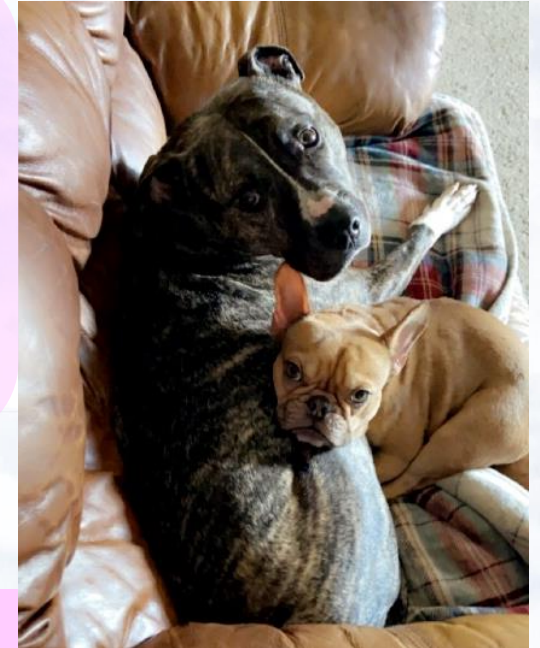


# STEPHANIE GORDON



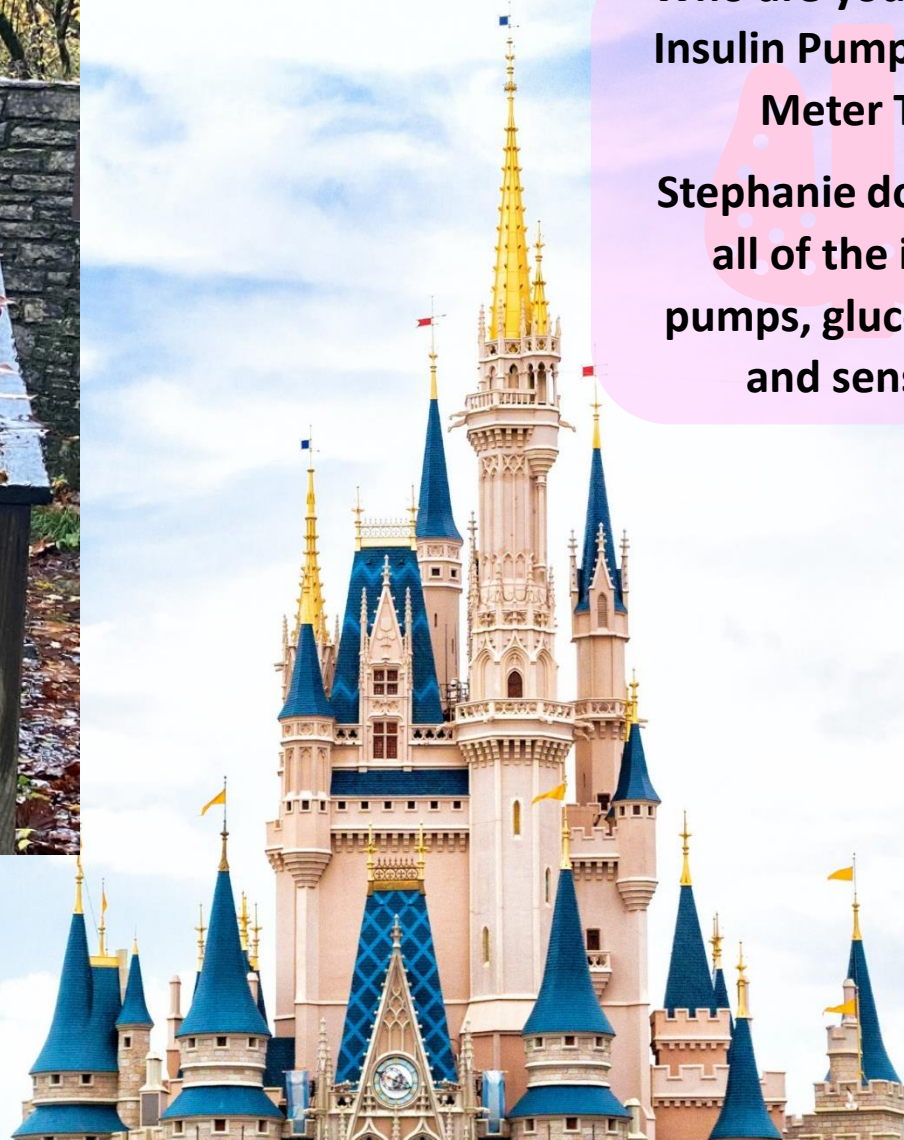
**Who are you at ETCH?  
Insulin Pump/Glucose  
Meter Tech**

**Stephanie downloads  
all of the insulin  
pumps, glucometers,  
and sensors!**



**I enjoy spending time  
with my family and  
two dogs..**

**I love all things  
Disney!**



# ALEXIS STARR, LMSW



**Who are you at ETCH?**  
Alexis Starr, LMSW



**What does it mean or what do you love about working at ETCH or your specialty??**

I love being able to help adolescents and their families learn how to process their chronic illness.

**Fun fact about you or a favorite hobby:**

My fun fact is that glitter is my favorite color!



# VONI ANDERSON



**Who are you at ETCH?**

Diabetes Educator

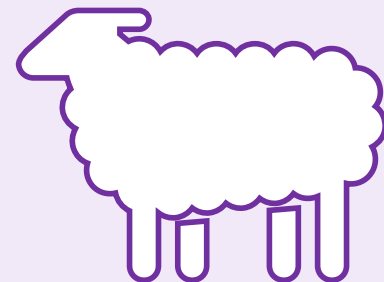


**What does it mean or what do you love about working at ETCH or your specialty??**

I love helping our families and their kids with diabetes know how to take care of themselves.

**Fun fact about you or a favorite hobby:**

I have several but I guess the tops would be I raise Holland Lop rabbits for fun, have a few Shetland sheep for pets, make soap, and teach about benefits of pure essential oils.



# CHASE MAY

Who are you at ETCH?

Diabetes Educator



What does it mean or what do you love about working at ETCH or your specialty??

I love making a difference in the lives of kids

Fun fact about you or a favorite hobby:

Brazilian Jiu Jitsu



# ALLISON CATE

Who are you at ETCH?

Diabetes Educator

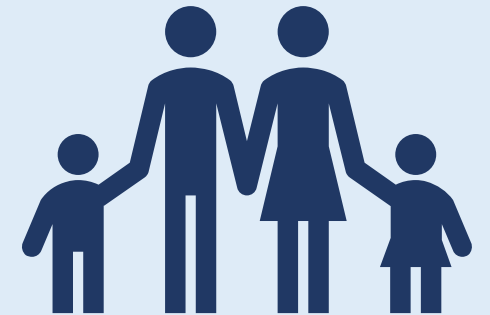


What does it mean or what do you love about working at ETCH or your specialty??

I love having the opportunity to help others take better care of themselves or their children.

Fun fact about you or a favorite hobby:

My favorite hobby is snow skiing and spending time with my family.



# SARAH FERGUSON

Who are you at ETCH?

Diabetes Educator



What does it mean or what do you love about working at ETCH or your specialty??

Helping families navigate diabetes management and showing them opportunities for improved control and self-esteem brings me joy.

**Fun fact about you or a favorite hobby:**

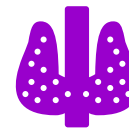
My favorite hobby is Ballet – hope to get back to it after my total hip replacement!







**GINA LANGLEY, RN**



*Practice Manager for Endocrinology*

**What does it mean or what do you love about working at ETCH or your specialty??**

I love being a part of a team that works together to meet the needs of our patients and families.

**Fun fact about you or a favorite hobby:**

I enjoy spending time with my family, watching my daughter play softball, hiking, and working puzzles.





**CHASITY EPPERSON**

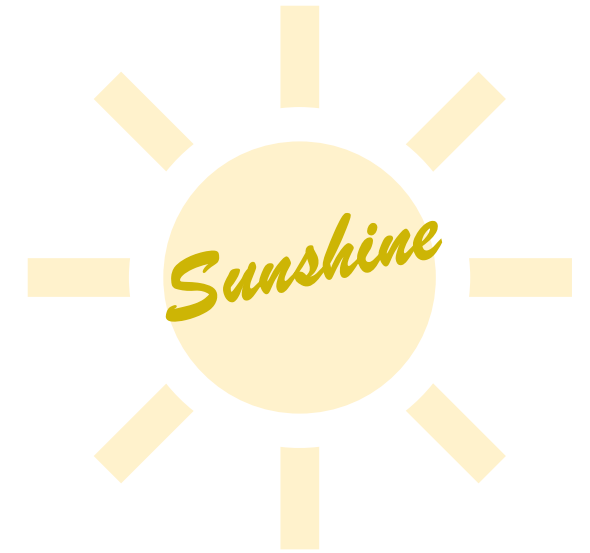
What you do at ETCH  
Nurse Practitioner-Pediatric Endocrinology

*My favorite food is-*

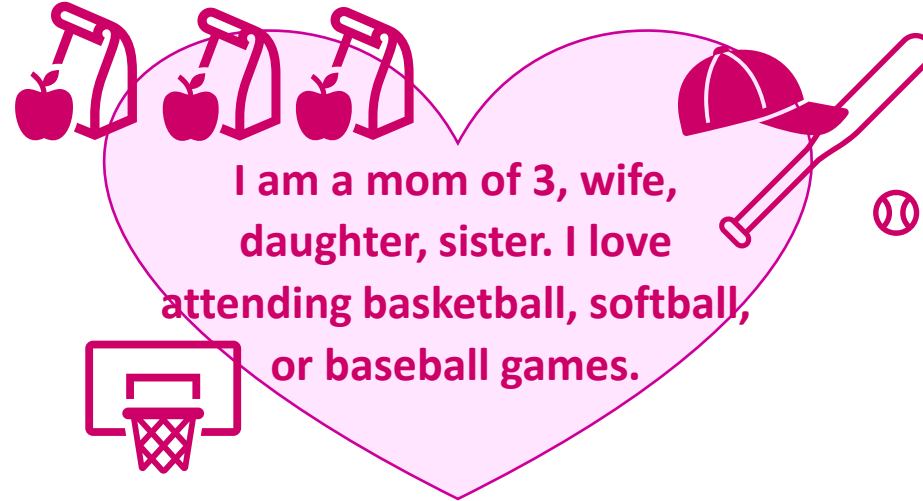


**Mexican**

*These mean happiness to me*

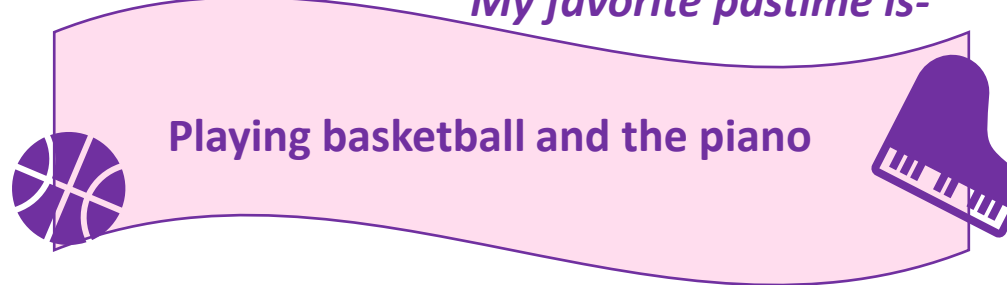


*I am*



I am a mom of 3, wife, daughter, sister. I love attending basketball, softball, or baseball games.

*My favorite pastime is-*



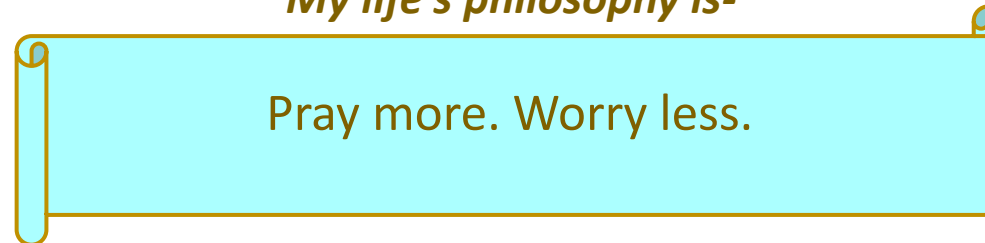
Playing basketball and the piano

*Fun fact about me-*



My youngest child was born two days early which happened to be my birthday!!!

*My life's philosophy is-*



Pray more. Worry less.



**KATELYN DANTZLER**

Who are you are at ETCH  
Nurse Practitioner-Pediatric  
Endocrinology

*My favorite food is-*

Anything and  
everything  
Mexican



*Things I do apart from being a NP*

On the weekends you can find us spending time outdoors and going on “adventures”. The Zoo and splash pads are some of our favorites!



*My favorite pastimes are-*



Scrapbooking

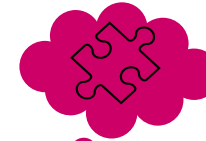


*These mean happiness to me*

My two wild  
little boys!  
They are my  
world!

*Fun fact about me-*

I love trivia! In college, I won a scholarship for getting the most Harry Potter trivia questions correct. A few months ago I was 1 question away from winning the “\$1000 minute” on the radio but in the rush I couldn’t figure out my relationship to my uncle’s father, What a strange way to ask who your grandfather is!



*My life’s philosophy is-*

“The best way to find yourself is to lose yourself in the service of others.”





**MARISSA WARWAR**

What you do at ETCH  
Nurse Practitioner-  
Pediatric Endocrinology

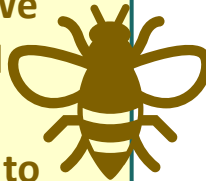
*My favorite food is-*

Choosing a favorite  
cuisine is tough- It's a  
tie between  
Mediterranean and  
Italian food.



*Things I do apart from being a NP*

Aside from my NP role, I bee  
keep with my husband. We  
have a non-profit called  
Helping Honey that all  
proceeds plus a match go to  
Uganda Rural Fund



*My favorite pastime is-*

My favorite hobby is helping with the bees  
and maintaining our large cut flower  
garden.



*My life's philosophy is-*

The meaning of life is to find your  
gift. The purpose of life is to give it  
away.

*These mean happiness to me*

*Fun fact about me-*

I was once Aretha  
Franklin's waitress!



*I am*

I'm a wife and mama to our  
two boys, Cade (18 months)  
and newest addition Easton  
(3 months). I'm also a dog  
mom to our 13 and 3 year  
old mini dachshunds Epi  
and Ace.



Happiness to me is family  
time outside, traveling to  
new places, and giving  
back.





*Things I do apart from being a NP*

I'm a mommy to 6 year old boy-girl twins, Ryder and Lyla.  
I've been married to my husband, Roy, for 16 years.



*These mean happiness to me*



**HANNAH NICAUD (NEE-KOH)**

Who are you are at ETCH  
I am board certified in Pediatric Endocrinology.  
I've been an NP in Pediatric Endocrinology for 11 years.

*My life's philosophy is-*

**CHOOSE JOY**

*My favorite food is-*

Cookie cake and most anything sweet, Litton's cheeseburger

*My favorite pastimes are-*

Traveling, photography, walking, shopping

*Fun fact about me-*

I taught ice skating lessons in college





**RUBY JOSHI BATAJOO, MD**

What you are at ETCH  
Pediatric Endocrinologist

*My favorite food is-*

Nepalese momo (dumpling) but like trying all different cuisines.

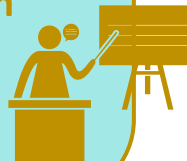
Anything chocolate.



**Things I do apart from being a doctor**

I am a board-certified in Pediatric Endocrinology, but I am also a dedicated clinician, educator and patient advocate.

Devoted to my family, striving to be an optimist and a believer of all things good.



**This means happiness to me**

Being with my family, reading a good mystery book, exploring new places.

Seeing improved A1c in my patients!



**My life's philosophy is-**

The secret of having it all is believing you already do.

**My favorite pastime is-**

Playing soccer with my son and all things soccer!

Cooking new cuisines with my husband or goofing with my son.





**KOMALBEN PARMAR, MD**

*My favorite food is-*

Mediterranean,  
Mexican, Indian  
Vegetarian food



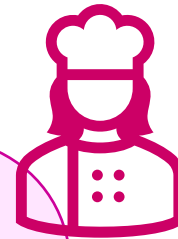
Who are you are at ETCH  
I am board certified in  
Pediatric Endocrinology.

*My life's philosophy is-*

What belongs to you today, belonged to  
someone yesterday and will be someone  
else's tomorrow. Change is the law of The  
Universe.



I am a great vegetarian  
cook, "rangoli" maker, and  
a mom. I love taking care of  
my toddler.



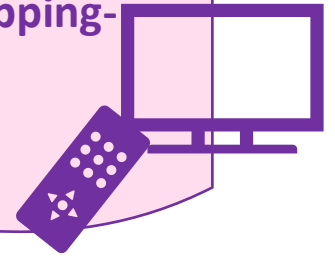
*These mean happiness to me*



Spending time with my  
family and friends,  
Garba, enjoying festivals  
with family and friends  
missed most of them....

*My favorite pastime is-*

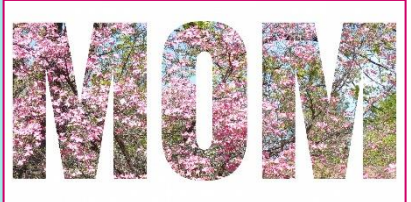
Watching movies/TV shows, shopping-  
currently restricted





*Things I do apart from being a doctor*

I am a wife, mother to 2 sons (college student and 12<sup>th</sup> grader), sibling to 3, cousin to more than 30  
Help with my kids extracurricular activities



*These mean happiness to me*



**CARMEN TAPLADOR, MD**

Who are you are at ETCH  
I am board certified in Pediatric Endocrinology.

*My life's philosophy is-*

Count your blessings. ###

*Fun fact about me-*

I remember relevant names. I look for patterns to memorize numbers.

*My favorite food is-*



*My favorite pastimes are-*

Traveling with family to visit family and friends (pre-pandemic)  
Talking with family and friends



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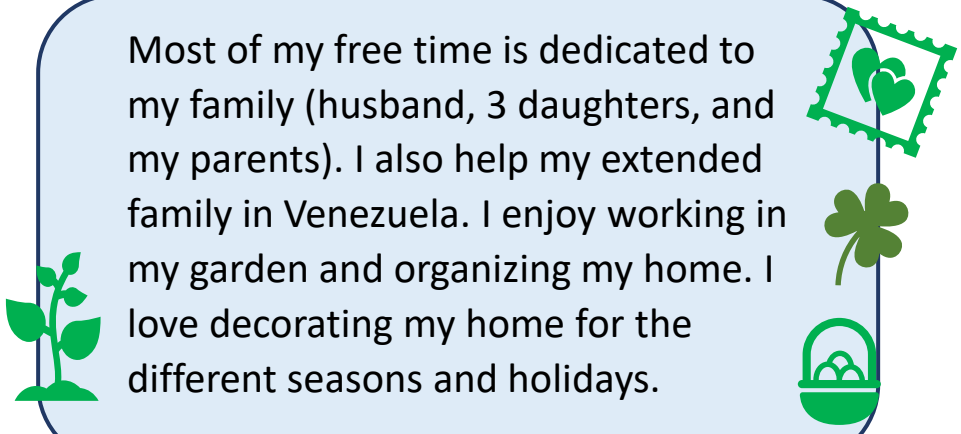


**MARIELISA RINCON-SUBTIRELU,**

**Pediatric Endocrinologist**

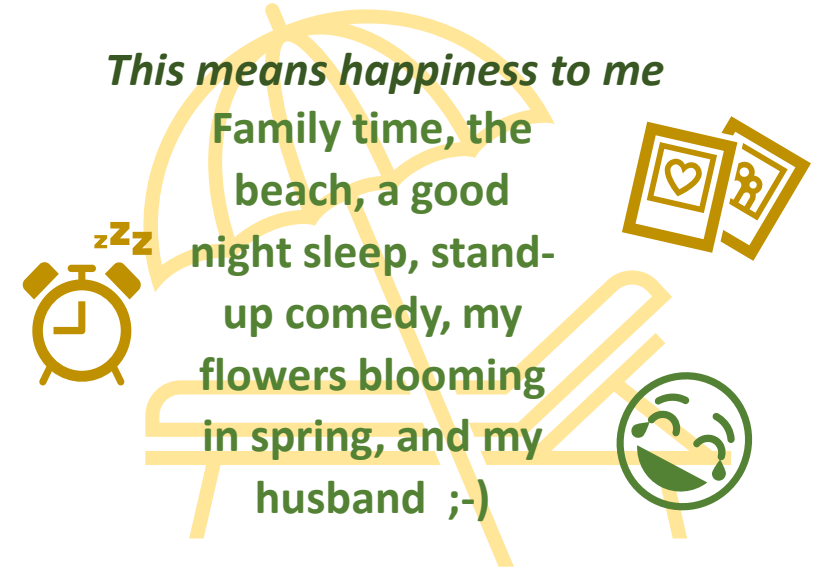
**Things I do apart from being a doctor**

Most of my free time is dedicated to my family (husband, 3 daughters, and my parents). I also help my extended family in Venezuela. I enjoy working in my garden and organizing my home. I love decorating my home for the different seasons and holidays.



**This means happiness to me**

Family time, the beach, a good night sleep, stand-up comedy, my flowers blooming in spring, and my husband ;-)



**My life's philosophy is-**

Offer the day to God, and do the best I can every time. Don't sweat the small stuff.

**My favorite food is-**

Diet coke... and Venezuelan, Romanian, Greek, Colombian, and Arabic/Turkish food. I do not like spicy food and I don't drink coffee.



**I am**



I am originally from Venezuela. I am a mother of 3 daughters, a wife, and a daughter/sister. I tend to see the positive in most situations and approach life with humor. I am a born caregiver and love to mother people, so often I have family/friends/friends of friends contacting me for advice, hand holding, and cheerleading of multiple situations.



**My favorite pastime is-**



Gardening (ornamental), fixing things around my house, reading, going to the movies with my husband/kids. I also love stand-up comedy and Broadway.



**Fun facts about me**

My patients, my friends, and my kids' friends think that I am very funny, but my kids not so much. I am the strict parent in our home. I am an eternal student. I hold permanent board certification in Clinical Lipidology. I completed a Master's degree in Medical Education in 2016. I am thinking for a new topic to study, but not sure yet.



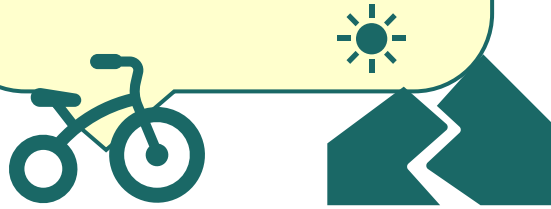


**ELIZABETH WIRTHWEIN, MD**

What you do at ETCH?  
Pediatric Endocrinologist

*Things I do apart from being a doctor*

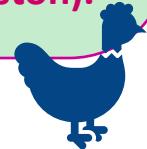
Crossfit, garden, bike (Cades Cove in the Smoky Mountains and the Virginia Creeper Trail), paddleboard, hike to waterfalls, ski, travel, play with my dogs



*I am*



I am a wife, mother of 3 children (Aaron, Kaci, & Braeden), sous chef, and harvester of vegetables in the garden and fruit from fruit trees/bushes on my farm. I have 5 German Shepherd dogs (Lux, Cara, Anadia, Anna, and Bodi) & 1 chicken (Hennifer Aniston).



*These mean happiness to me*



my family, my dogs, my farm, mountains, traveling, the beach, naps

*Fun fact about me-*

Most of the paintings hanging in the pediatric endocrinology office were done by my mother after she retired.

*My favorite food is-*

Brisket, Mexican, Pizza, Greek salads



*My favorite pastime is-*

spending time on my farm with my husband, finding new adventures to do with my sons (ziplining, ax throwing, ropes courses, trampoline parks), playing with my 5 German Shepherds and teaching them commands in German, and doing Crossfit (burpees are my favorite)



*My life's philosophy is-*

You don't stop playing because you get old. You get old because you stop playing.





**Special Thanks to Serena Ott**

**QUESTIONS...  
SUGGESTIONS...**





EAST TENNESSEE

Children's  
Hospital