

2015 Annual Report Pain and Palliative Care Service



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It's About Children

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**SPECIAL
ISSUE**

INCLUDES
OUR
ANNUAL
REPORT

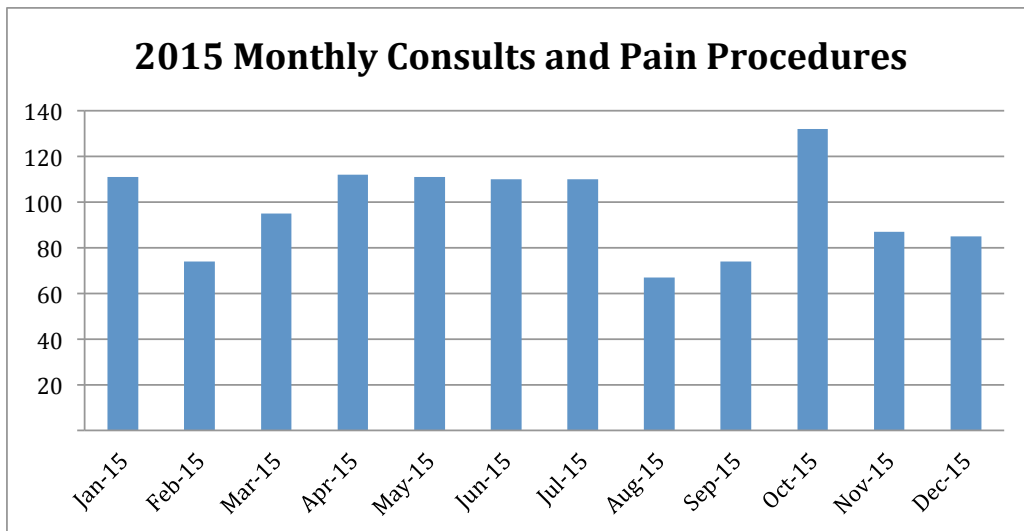
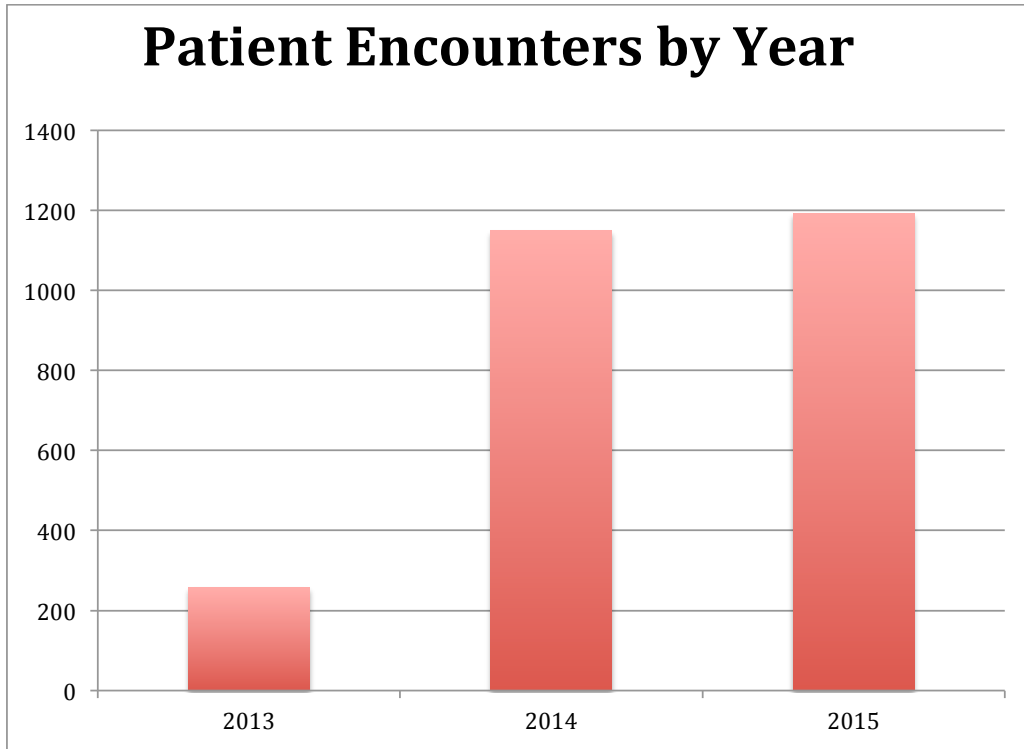


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Patient encounters



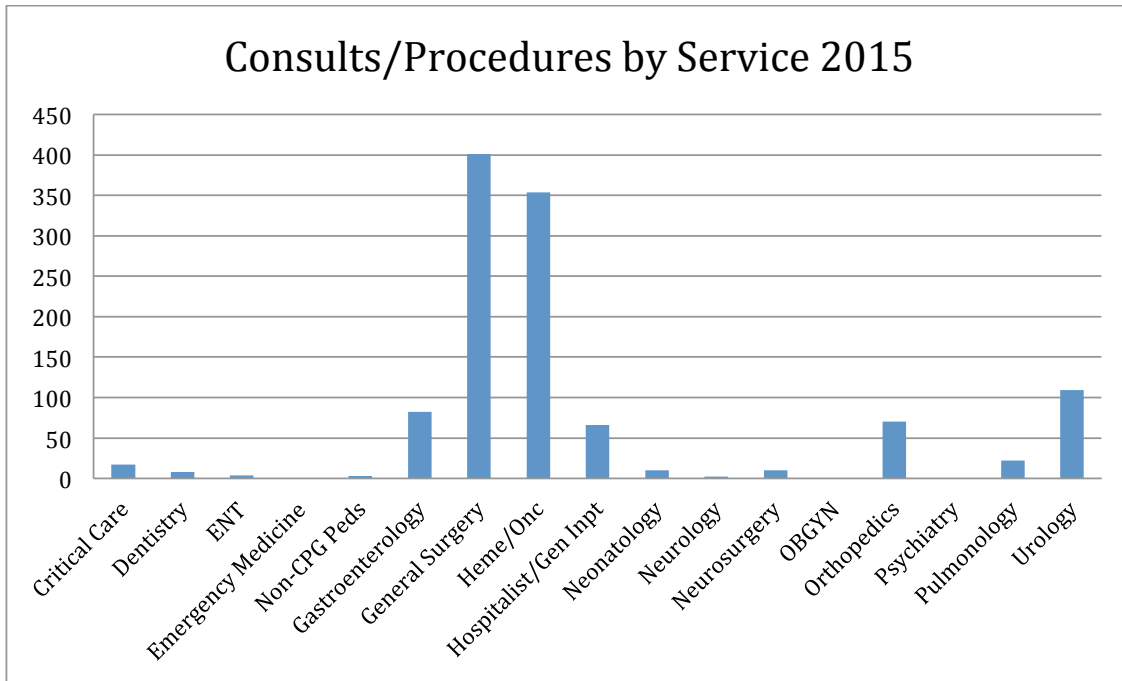
1,168 patients touched by Pain and Palliative Care Service in 2015

1,150 in 2014

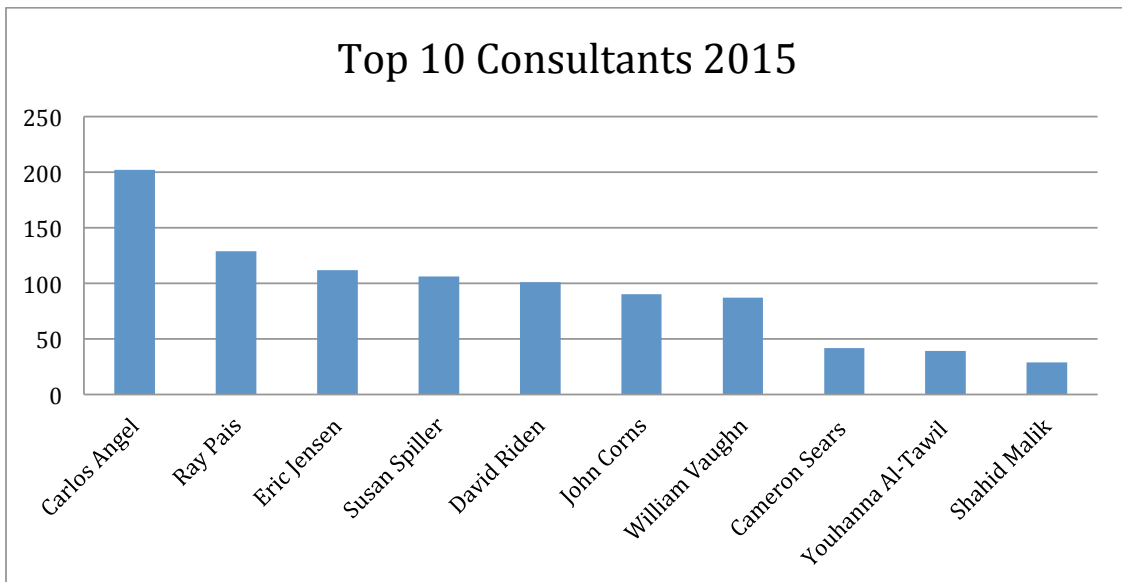
Consults/procedures by billing code

Description	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	2015 Total
Total	111	74	95	112	111	110	110	67	74	132	87	85	1,168
HOSP MANAGE CONT DRUG ADMIN	14	8		7	16	20	18	2	8	19	2		114
SPINAL FLUID TAP DIAGNOSTIC	2		1	3					1	1	2	5	15
INJECT SPINE LUMBAR/SACRAL	14	13	14	16	17	24	10	10	14	16	21	11	180
INJECT SPINE W/CATH CRV/THRC	6	2		4	7	6	5		1	6			37
INJECT SPINE W/CATH LMB/SCRL		1			1			1		1			4
N BLOCK INJ SCIATIC SNG	1			2	1	1							5
N BLOCK INJ FEM SINGLE	1			2	1					1			5
OFFICE/OUTPATIENT VISIT EST					2								2
INITIAL HOSPITAL CARE								1	2				3
SUBSEQUENT HOSPITAL CARE	45	33	46	44	32	25	39	34	29	65	46	54	492
SUBSEQUENT HOSPITAL CARE	13	3	5	16	17	12	8	6	1	3	8		92
SUBSEQUENT HOSPITAL CARE						1	1		1				3
HOSPITAL DISCHARGE DAY							1		1			1	3
INPATIENT CONSULTATION		1	5	1	1	3	2	1	3	1	1	4	23
INPATIENT CONSULTATION			3	2	1	4	2	4	7	2	3	7	35
INPATIENT CONSULTATION	5	10	9	8	4	1	1	3	2	4	2	2	51
NON-BILLABLE SERVICE**	10	3	12	7	11	13	23	5	2	1	1		88
INJECT SPINE CERV/THORACIC									2	12			14
INJ PARAVERT F JNT C/T 1 LEV												1	1
N BLOCK OTHER PERIPHERAL											1		1

Consults by service line



Top 10 consultants for 2015



*Consults placed by 69 different providers in 2015

Massage Therapy began in April, 2015...



459 massages given including 115 NICU patients



Teresa averages 6-7 massages per 4-hour shift

Please return to Lorna Keeton

SHARE

A Suggestion

Children's Hospital
Leading the Way to Healthy Children

Help us do a better job!

Suggestion: My name is Helen Harper and I was in the hospital for pancreatic. I'm 10 years old and was surprised and excited to get a massage. It was so relaxing and helped lessen up my arm with my IV in it! I think the massage program is great!

Use back of card if necessary.

Submitted by: Helen Harper
Name:

Employee Physician Volunteer
 Patient Family Visitor

Box Location:
Pick up Date:
Collection:



A letter received from nursing

"Lorna,

Words cannot begin to express how much our massage therapist, Teresa Combs, means to our patients.

Working with our inpatient Oncology kids, I see them go through extremely difficult times. During their admissions for long stays, painful procedures, and chemotherapy, these kids experience significant pain, loss of function, and sometimes even the most heartbreaking of all, loss of life. Sometimes, I even see some of our kids go days without so much as smiling. However, on Tuesdays and Thursdays, I know one thing will occur that will brighten their very dark days, because on Tuesdays and Thursdays (and every once in awhile even on an unexpected surprise day!) Teresa comes by to provide massage therapy.

This incredible service has so many positive effects on our patients. Her therapy perfectly complements the medications we provide to most holistically treat pain. To add to that, her gigantic heart and desire to truly care for our patients and their families is evident to everyone who meets her, and makes a world of difference to us all. As a nurse, I know that the one thing I can ask my patients that will always produce a smile is "would you like to see our massage therapist today?" She goes above and beyond her calling and gets to know our families- listening to them during difficult times, celebrating with them during the joyous times, and loving them during the most heartbreaking of times. No one should ever have to experience the tragedy that is childhood cancer, but Teresa provides much needed rays of sunshine to brighten even the darkest days.

Thank you for supporting this service. I hope we have it for many years to come!

Caity"

Additional work of the service

- **Outpatient Phone Consultations, Follow-Up, Referrals** = 56 (including consultation with Hemonc, KPA, Neurology, Rheumatology, and Dermatology physicians)
- **Preoperative Scoliosis Visits** = 24
- **Scoliosis Task Force Meetings** = 2
- **Committee Engagement:** Chair of Palliative Care Committee and Palliative Care Education Subcommittee, Patient and Family Centered Care, AWHECK (ethics consortium), Ethics Committee, East Tennessee Quality Alliance
- **PALS Instructor** = 7 classes taught
- **ETCH Educational Offerings** = 21 (Hemocn RN course, Epidural education for 2nd floor and NICU RNs, Palliative presentations for NICU and new graduate RNs, PeriAnesthesia course)
- **Outreach Educational Offerings** = East Tennessee Association of Perianesthesia Nurses, Pain and Palliative presentations for MSN students at Carson Newman and University of Tennessee, Knoxville
- **Donor and Fundraising Efforts and Events:** Butterfly Fund Gala and 5K, RAD Run, Malik Spring Dinner, Ronald McDonald House, Mindfulness Seminar
- **Budgetary and Protocol Work:** creation and implementation of Acute Pancreatitis and Chronic Headache guidelines, revisions in post-operative pain control for scoliosis patients, ongoing development of Palliative and EOL protocols (including refractory pain, nausea, and terminal agitation)
- **Liaison and Relationship Building:** UT Palliative and Hospice services, P3 Compounding Pharmacy, Special Spaces, Pain Consultants of East Tennessee, Knoxville Symphony Orchestra, Provision Proton Therapy Center, Cancer Support Center
- **Preceptor for MSN Students:** Carson Newman and University of Tennessee, Knoxville

Service goals and developing relationships

2016 and Beyond...

- Expansion of massage therapy program
- Expansion of Art therapy: collaboration with UT School of Art
- Music therapy launch: collaboration with UT School of Music & Knoxville Symphony Orchestra
- Expansion of biofeedback program
- Exploring acupuncture and acupressure
- Outpatient clinic: referrals to Dr. Choo at Pain Consultants of East Tennessee
- Hospice: collaboration with Dr. Phelps at UT and Caris

Building Relationships

- Butterfly Fund Gala April 2, 2016
- Mindfulness Seminar by Dr. Choo at the Bijou Theater on April 8, 2016 (all proceeds to benefit the pain and palliative care program)
- Nazmia and Shahid Malik dinner party on April 16, 2016 (all proceeds to benefit the pain and palliative care program)

Three year business plan at a glance

Service/Program Description	FY '15 Financial Impact	Service/Program Description	FY '16 Financial Impact	Service/Program Description	FY '17 Financial Impact
Begin massage therapy service (includes supplies)	\$15,000	Massage Therapy	\$30,000	Massage Therapy	\$30,000
Begin art and music therapy service	\$1,500	Art and Music Therapy	\$5,000	Art and Music Therapy	\$5,000
Initiate limited outpatient follow up services to recently discharged PPC patients	Budgeted	Psychology additional hours	Budgeted	Acupuncture	\$15,000
Biofeedback training completed	Budgeted			Videography (to produce a professional service video)	\$20,000
Research formal Hospice program				General (to include comfort bags, essential oils, food, print, sibling resources, etc)	\$15,000
Sub Totals	\$16,500		\$35,000		\$85,000
*Outside Donations Allocated to Pain and Palliative Care Program		Butterfly Fund Ronald McDonald	\$40,000 \$25,000	Butterfly Fund Mindfulness Seminar Malik Dinner Party	TBD TBD TBD

